

Accrington Stanley Community Trust – Job Description

Job Title	Mental Health Transformation Officer
Reports to	Head of Sport
Location:	Accrington
Contract:	Fixed Term Until 31 st March 2024
Hours:	37.5 Hours Per Week
Remuneration:	£22,500 per annum plus Performance Bonuses, Expenses & Pension
Annual Leave:	28 Days (including bank holidays) plus 2 additional days gifted over Christmas.
Additional Benefits:	On-site School Holiday Childcare Scheme.
Closing Date:	12pm Monday 9th May 2022

The Purpose of the role:

At Accrington Stanley Community Trust we are working as a collective across the Lancashire and South Cumbria (LCS) footprint to develop an innovative programme that will support Year 6 children through their transition from primary to secondary school over the period of a year.

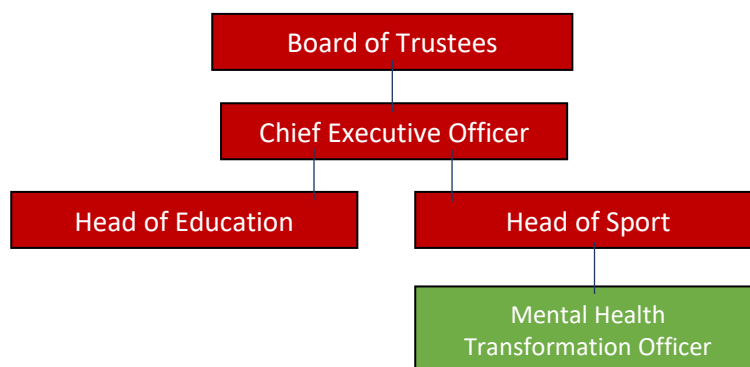
As a Mental Health Transformation Officer (MHTO) you will work within up to five Primary schools and will help to revolutionise the way we think, talk and act about mental health, providing an early intervention and prevention service for children.

The aim is to increase resilience and give pupils the necessary tools to thrive. The MHTO will work with the school to identify those requiring one-to-one support, predominately pupils who are currently accessing Mental Health support services, or are at higher risk of needing them.

Using a flexible approach, they will provide interventions at the earliest opportunity; providing education on coping strategies and self-management with the end goal to reduce the number of individuals and therefore the demand on local CAMHS services which currently have large waiting lists.

Reporting directly to the Head of Sport, the MHTO will be an important member of the delivery team and be responsible for devising, developing and delivering the project on behalf of the organisation.

The role fits in the organisation here:



Key facts & figures of the role: Key accountabilities

This is not a comprehensive list of all the tasks which may be required of the post holder. It is illustrative of the general nature and level of responsibility of the work to be undertaken;

- Assess and support students in assigned secondary school who are experiencing common mental health difficulties such as mild to moderate symptoms of depression, anxiety and low mood.
- Work collaboratively with student support services/Pastoral team within the secondary school.
- Make accurate assessments of the risk students poses to themselves and others using NICE Guidance.
- *Offer a range of low-intensity, cognitive behavioural therapy (CBT)-based interventions that will help students to manage their own recovery.*
- Manage referrals and signposting to other agencies.

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- Devise a shared treatment plan with students that will be delivered via a range of methods including group and one-to-one support.
- Attend multidisciplinary meetings about referrals or students receiving or requesting treatment.
- Develop strong professional relationships with schools and primary and secondary care staff, such as general practice staff and mental health workers.
- Liaise with external agencies including police, local authority, employers, and employment support workers.
- Provide and receive information related to mental health and CBT to individuals or groups of students, relatives, carers, members of the public and professionals.
- Deliver whole –year workshops to increase awareness of mental health triggers and conditions
- Educate and involve family members and others in your student’s treatment as necessary.
- Keep accurate records uploading to VIEWS software system
- Provide Feedback to project evaluation partners
- Guarantee student confidentiality is protected at all times in line with school policies and procedures.
- Ensure the maintenance of standards of practice according to the employer and any regulating bodies and keep up to date on new recommendations/guidelines set out by the department of health (e.g. NHS plan, National Service Framework, National Institute for Clinical Excellence, BACP).
- Attend relevant conferences/workshops in line with identified professional objectives.
- Making sure commitment to safeguarding is added to visions and values section and also on the application form
- Undertake any other duties appropriate to this role.
- Comply with all charity policies.
- Promote the Accrington Stanley brand and ethos in a professional, strong and positive manner.
- Work alongside other team members to support in other areas of the organisation as and when required to promote best practice.
- A commitment to equality and diversity in the workplace and a willingness to undertake all relevant equality and diversity training.

Key Relationships of the role:

Head of Sport, Primary Stars Co-ordinator, Community Sports Coaches.

What is needed to be successful in this role (Person Specification):

Core Competencies:

- Excellent communicator (written, verbal and listening)
- Effective time management/organisational skills
- Strong work ethic and reliability
- Ability to use own initiative
- Team player
- Strong influencing and mentorship skills
- Ability to build and maintain trusted and effective relationships
- Adaptability and flexibility with day-to-day tasks and workloads

Personal Qualities:

- Enthusiasm, energy and resilience
- Focused
- Personable
- Rational thinker
- Trustworthy
- Confident
- Competitive
- Desire to lead, inspire and motivate

Qualifications/ Experience:

Essential

- Relevant qualification in psychology or health and social care subjects

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- Ability to develop good therapeutic relationships with students.
- Experience in providing one-to-one mental health support to young people and families.
- Time management skills to be able to plan and regulate workload including the ability to prioritise demands and thrive under pressure.
- Experience of partnership working in a multi-agency setting
- Access to transport for work purposes and to travel to locations throughout the local area.
- Worked in a service where agreed targets are in place demonstrating clinical outcome
- Ability to use clinical supervision and personal development positively and effectively
- Experience and ability to meet programme Key Performance Indicators (KPI)
- Experience and ability to collate key programme data and evidence
- Excellent verbal and written communication skills
- Knowledge and understanding of safeguarding children and vulnerable adults
- Knowledge of appropriate childcare legislative framework (vulnerable adults and children).
- Full, valid UK driving licence and access to a suitable vehicle.

Desirable

- A mental health degree or a degree in a relevant clinical qualification.
- A psychology degree
- Youth Mental Health First Aid.
- Experience of delivering a range of low intensity, cognitive behavioural therapy (CBT)-based interventions suitable for young people.
- Experience and ability to coordinate and develop programmes.
- Experience and ability to write programme reports
- Training in other psychological therapies.
- Awareness of equal opportunities issues.
- Ability to work within a team and foster good working relationships.
- Experience of working in Primary Care Services.
- Membership of Professional Bodies i.e. HCPC, BACP AND BPS.

Accrington Stanley Community Trust Vision:

“Use the power of Accrington Stanley Football Club to improve the lives of the people of Hyndburn through participation in sport and exercise”.

Mission:

Our mission is to support the local community regardless of age, gender, race, and religion or skill level and promote a healthier lifestyle through sport and education by encouraging individuals to take part in fun based activities, which develop confidence, co-operation and education.

Core Values:

- **Challenge** behavior and attitudes, promoting **Respect** and celebrating diversity
- **Inspire** to achieve and **Fulfil** potential
- **Develop** leaders, coaches and volunteers
- **Innovate** in delivery

Purpose:

In placing Accrington Stanley Football club at the heart of the community we will:

1. Increase participation in Sport & Exercise and develop talent pathways.
2. Promote wellbeing and healthy lifestyles within local communities.
3. Deliver an inclusive programme of activities that involves and engages hard to reach groups, improving community cohesion.
4. Develop and empower leaders, coaches and volunteers.
5. Engage and inspire young people, raising and celebrating educational achievement.
6. Govern the operations of ASCT efficiently and effectively.

Equality and Safeguarding:

ASCT are a charity committed to equality and the recruitment process for the role being advertised will adhere to the latest equality legislation.

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ASCT is also committed to safeguarding and promoting the welfare of children and young people and expects all staff and employees to share this commitment. This role involves work with children and young people and is subject to Enhanced Disclosure and Barring Service (DBS) checks. Clearance through DBS system is required. As such this post is exempt for the Rehabilitation of Offenders Act (1974) and the applicant must disclose all previous convictions including spent convictions. Two references will also be required. Applicants will, in addition be expected to undertake training appropriate to the role.

Manager Sign Off:

Date:

Employee Sign Off:

Date:

You may be expected to conduct yourself in other ways and undertake different duties which are reasonable in the opinion of the Trust. Your job profile is not limited and may be reasonably modified as necessary to meet the needs of the organisation.